

February Supplemental Learning

PROJECT DISCIPLE

You are on a journey this year to become a disciple of Jesus Christ.

Recalling the Works of Mercy

We show our love and commitment to Christ by helping to meet the needs of others both physically and spiritually. These Works of Mercy give us a model for how we live and treat others in our daily lives and help us to obey the Ten Commandments. Lent begins next month, so February is a great month to concentrate on learning how to live the Works of Mercy. On the empty line, write one way you can live that work of mercy. Share your experiences with your family, too!

The Corporal Works of Mercy

The Corporal Works of Mercy are charitable actions by which we help our neighbors in their bodily needs. They respond to the basic needs of humanity as we journey together through this life.



Feed the hungry

- Donate to a food drive/pantry
- Bring meals to someone who is sick/recovering
- Volunteer to serve food in a soup kitchen
- Set the table, do the dishes or help cook dinner for your family
- Share a snack with someone who forgot their lunch
- _____



Give drink to the thirsty

- Donate water to shelters or in an emergency situation
- Donate to clean water and well projects in underdeveloped countries
- Run a lemonade stand and donate the profits
- Be mindful of not wasting water
- _____



Clothe the naked

- Buy and donate coats for people who need them
- Clean out your closet or have a garage sale and donate to an organization who helps the homeless
- Collect baby items for moms in need
- Make your own things to donate (hats, scarves, etc.)
- _____



Visit the imprisoned

- Sent care packages to a prison
- Visit someone who is homebound or hospitalized
- Send cards or call the homebound or hospitalized
- Play games or read to someone homebound or hospitalized
- _____



Shelter the homeless

- Volunteer for organizations that build homes or donate money to help
- Donate old furniture, pillows, blankets, etc. to those in need
- Help someone in need clean or fix their home
- _____



Visit the sick

- Mark a card or call those who are sick
- Visit someone and bring them flowers, games, books, etc.
- Help make a dinner or dessert and bring to someone who is sick
- Spend time with someone who is sick
- Be extra nice to family members when they are sick
- _____



Bury the dead

- Send cards and flowers to a grieving family
- Visit the family and comfort them
- Donate to a cause that is special to the family
- Attend funerals & visitations
- Pray for the dead
- _____

The Spiritual Works of Mercy

Just as Jesus attended to the spiritual well-being of those he ministered to, these Spiritual Works of Mercy guide us to help our neighbor in their spiritual needs.



Counsel the doubtful

- Be encouraging and point someone to a good decision
- Willingly explain things
- Share why you have hope
- Pray that people have faith
- Encourage someone to talk to a priest, teacher, etc.
- _____



Instruct the ignorant

- Give people more time – don't rush them
- Be willing to share a skill you are good at with someone
- Don't be prideful or arrogant when you know something
- Share your faith with others
- _____



Admonish the sinner

- Kindly and privately talk to the person about the problem
- Suggest they go to confession
- Help them understand why something is wrong
- Lead people towards good decisions
- Help them to know even little things are a big deal
- _____



Comfort the afflicted

- Pray for families that have lost loved ones
- Offer comfort by sending a card or baking cookies
- Spend time with someone who is sad
- Do things that make another person happy
- Pray for them
- _____



Forgive offenses

- Always be willing to forgive someone
- Don't hold a grudge
- Give people a second chance
- Accept other's apologies with kindness
- _____



Bear wrongs patiently

- Be patient when you are trying to help someone
- Don't help people expecting a thank you
- Be kind to people who make mistakes
- Let people learn from their mistakes
- Don't be mean back
- _____



Pray for the living and the dead

- Pray with and for people who are going through hard times
- Ask friends how you can pray for them
- Pray when you drive past a cemetery
- Pray a rosary or Mass for a specific person
- Pray for soldiers, those who are sick or dying, clergy and babies in danger of abortion
- _____