

March Supplemental Learning

PROJECT DISCIPLE

You are on a journey this year to become a disciple of Jesus Christ.



My Lent journey

Lent is a time of preparation for the celebration of Easter. It begins on Ash Wednesday and extends to Holy Thursday.

Jesus Christ calls us to follow him on our journey through the season of Lent. We are called to live the three marks of Lent in our lives which are to pray, fast and give.

Place your Pray, Fast, Give creation somewhere that you see it every day. Each morning during Lent, draw one of the slips of paper. You can alternate between the three categories. Your goal is to complete that prayer or sacrifice by the end of the day.

Focusing on one way to live Lent each day will help you over the course of the long 40 days, and leave room for the Holy Spirit to work in your heart.

