

## April Supplemental Learning



# We Believe

One of the most important things you learned this year is the meaning of the Apostles' Creed. The Creed is a summary of what we believe as Catholics...our faith put into words. When you pray the Creed, it is your profession of what you believe.

Along with this formal prayer, you also learned the importance of spending time in informal prayer or conversations with Jesus.

During the month of April (and continue through the summer months), spend time professing what you believe and set aside some special time with Jesus.

Remember...Jesus never takes a vacation...he is always with you.

### Moments with Jesus

First, find a quiet place. Start with saying the Apostles' Creed and then continue your conversation with Jesus thinking about the following:

- Think about the wonderful gifts that God has given you. Ask Jesus for help in using your gifts and in seeing other people's gifts.
- Ask him to help you to be holy in everything that you say and do.
- Think about all Jesus did to save us. Thank him for his great love.
- Talk to Jesus about temptations you face. Ask him for his help in overcoming temptation.
- Share with Jesus things for which you are sorry. Thank him for always being with you.